**Inman Park Senior Housing**

 **Preferred Model**

The preferred senior housing model for Inman Park proposed by Lifelong Inman Park would include the following:

* Independent housing units in a cottage or apartment arrangement, designed specifically for older adults or persons with disability who are able to meet their own activities of daily living such as dressing, grooming, medication management and most meal preparation.
* Rent plus association fees covering unit costs, emergency pull cords in each apartment along with facility and grounds maintenance.
* Concierge service providing, at a minimum, 24-hour security oversight.
* Coordination of services for residents in need of short or longer-term assistance, including the arrangement and oversight of supportive assistance such as in-home care, transportation, delivery of meals etc.

The proposed senior housing model will incorporate universal design principles

to support aging-in-place. Design features would include single-level design or inclusion

of an elevator, open floor plans, wider door spaces, absence of curbs to

accommodate wheelchairs, slip resistant surfaces, grab bars in showers, multi

level counters, bright functional daylight and task lighting.

Additionally, the Inman Park Senior Housing complex will serve as a

center for older neighbors living in their own homes and community members of all

ages. The facility will serve as a central hub offering care coordination and

in-home support services on a fee-for-services bases, and as space allows, the facility

would provide a place for events, community gatherings, meetings or even housing a

child or adult day-care center.

*For a description of the most commonly available Senior Housing Options see the attached information sheet.*

Lifelong Inman Park Committee

8/18/202

**Senior Housing Options**

**(most commonly available)**

**Independent Living Housing With Support Service Options**

Independent senior communities are similar to apartment complexes, but they are designed specifically for older adults or disabled individuals. This housing option provides minimal services in an independent setting meaning that all residents are expected to meet their own daily needs such as dressing, grooming, medication management and most meal preparations. If unable to do so, the resident must hire the appropriate in-home services to supplement his/her care. Each community is unique, but independent communities typically offer these services:

* 24 hour security services and front desk courtesy officers
* Emergency pull cord services located inside each apartment unit.
* Service coordinators (staff members available for ongoing support and case management, locating resources and resolving conflicts).
* Calendar of events and activities (grocery store trips, informational speakers, outings to city events and attractions, exercise classes, etc.).
* An active resident association with elected officials who represent the community.
* Some have congregate meals (usually fee- based)
* Some have in-house hair salons, gym facilities, medical clinics, libraries and other amenities

**Assisted Living Facilities**

Assisted living is similar to independent living, but offers more support services for those in need of additional assistance. Services traditionally include:

* Assistance with daily activities like dressing, bathing, medication management and other needs.
* A nurse or wellness coordinator on staff for oversight of daily health needs.
* 24 hour security with an emergency call system in each apartment.
* Three Congregate-style (group) meals each day
* Activity Calendar with outings, social events, and enrichment classes
* Assistance with Laundry, housekeeping and other household chores

Many assisted living communities have specialized memory care neighborhoods that provide secured, 24-hour care for people who suffer from various dementias. Memory care units provide structured socialization activities in a safe and appropriate environment. Staff members are typically well trained in dementia care and can often customize services for each resident.

**Nursing Homes**

Nursing homes provide a home, personal care and 24 hour nursing care for residents who require medical attention and assistance

**Life Plan Communities**

Life plan Communities formerly known as Continuing Care Retirement Communities offer three types of housing, independent living, assisted living and nursing home care, all in one location offering residents the option to transition from one level to another as their abilities and health conditions change.